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# Three-dimensional analysis of the pharyngeal airway space and hyoid bone position after orthognathic surgery



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## ABSTRACT

*Purpose:* The aim of this study was to evaluate changes in the pharyngeal airway space (PAS) and hyoid bone position after orthognathic surgery with cone-beam computed tomography (CBCT). *Material and methods:* This study was conducted with the tomographic records of 30 patients with skeletal class II or III deformities submitted to two different types of orthognathic surgery: Group 1 (n = 15), maxillary advancement, and mandibular setback; and Group 2 (n = 15), maxillomandibular advancement. CBCT scans were acquired preoperatively ( $T_0$ ); and at around 1.5 months ( $T_1$ ) and 6.7 months ( $T_2$ ) postoperatively. PAS volume, minimum cross-sectional area (min CSA), and hyoid bone position changes were assessed with Dolphin Imaging 3D software, and results analyzed with ANOVA and a Tukey–Kramer test (p < 0.05).

*Results:* The hyoid bone was significantly displaced in the horizontal dimension, moving posteriorly in Group 1, and anteriorly in Group 2. Although PAS volume and min CSA increased after both surgeries, these measurements were significantly larger only in Group 2. The significant differences that existed between groups preoperatively no longer existed after the surgeries.

*Conclusions:* Both orthognathic surgeries assessed resulted in changes in hyoid bone position and increased PAS volume and min CSA, particularly after maxillomandibular advancement surgery.

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#### 1. Introduction

Dentomaxillofacial deformities may not only compromise the masticatory function and the facial profile of patients (Li et al., 2014), but it may also lead to the narrowing of the pharyngeal airway space (PAS) and respiratory sleep disorders (Grauer et al., 2009; Claudino et al., 2013; Castro-Silva et al., 2015). When orthodontic treatment alone cannot reach satisfactory results in patients with severe bone deformities, orthognathic surgery may be required not only to enhance facial harmony and occlusion, but also to improve breathing (Hong et al., 2011; Raffaini and Pisani, 2013; Li et al., 2014; Al-Moraissi et al., 2015; Hatab et al., 2015). As a result,

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much attention has been paid to alterations of the PAS structures after orthognathic surgery in recent years (De Souza Carvalho et al., 2012; Gokce et al., 2014; Li et al., 2014).

Orthognathic surgery procedures (maxillomandibular advancement and setback) can modify the relationships between bone structures and soft tissues, such as the soft palate, uvula, palate, base of the tongue and suprahyoid muscles, epiglottis, and hyoid bone (De Souza Carvalho et al., 2012; Panou et al., 2013; Raffaini and Pisani, 2013; Gokce et al., 2014; Christovam et al., 2016). These structures are anatomically and functionally associated with the PAS and, depending on the magnitude and direction of skeletal correction, their movement may lead to alterations in the area (Hong et al., 2011; De Souza Carvalho et al., 2012). When surgery is considered, it is advisable that potential changes in the hyoid bone position and PAS be studied for each patient in order to evaluate treatment changes and to predict postoperative stability (Kim et al., 2013; Christovam et al., 2016).

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Technological advances in computer graphics as well as in imaging diagnosis are becoming a common reality in dental care routines. In contrast to two-dimensional lateral cephalograms, which do not permit the precise evaluation of the PAS (Hatab et al., 2015), cone beam computed tomography (CBCT) can reproduce different sections of the body in multiplanar images (axial, sagittal, and coronal), and assess all the structures in layers with adequate definition (Kim et al., 2014). The evaluation of CBCT images with the use of software allows specific anatomic features to be threedimensionally delimited in real size (1:1) (Hong et al., 2011), permitting the accurate and reliable analysis and measurement of the PAS morphology and hyoid bone position (Claudino et al., 2013; Schendel et al., 2014; Castro-Silva et al., 2015). However, the evidence available on alterations of hyoid bone position and airway volume after maxillomandibular advancement, and maxillary advancement and mandibular setback surgery, based on 3D images, is still scarce (Christovam et al., 2016).

Therefore, the aim of this study was to analyze the changes in hyoid bone position and in the PAS volume in a group of patients with angle class II and class III deformities submitted to orthognathic surgery, using CBCT scans and Dolphin Imaging 3D software.

## 2. Material and methods

# 2.1. Ethical approval

This study was conducted in accordance with the Code of Ethics of the World Medical Association (Declaration of Helsinki), and was approved by the Permanent Ethics Committee for Experiments Involving Humans at the State University of Maringá (UEM), Brazil (CAAE 13862413.7.0000.0104). The study was a cross-sectional observational study performed in conformity with the recommendations of the STROBE (Strengthening the Reporting of Observational Studies in Epidemiology) guidelines (von Elm et al., 2008). Due to the retrospective nature of this study, a signed informed consent was not required by the Committee.

## 2.2. Patients

The criteria for the selection of the tomographic images to be included in our study were patients >18 years, diagnosed with Class II and Class III skeletal deformities, who were submitted either to maxillary advancement and mandibular setback, or to maxillomandibular advancement orthognathic surgery. Patients with craniofacial syndromes (lip and palate clefts), or a history of previous surgeries in the head and neck region, were excluded from the study (Uesugi et al., 2014; Shin et al., 2015; Kochar et al., 2016).

Selected records were divided into two groups according to the type of orthognathic surgery: Group 1 – maxillary advancement and mandibular setback (n = 15); and Group 2 – maxillomandibular advancement (n = 15) (Brunetto et al., 2014; Gonçales et al., 2014). Mandibular setback and advancement were achieved with bilateral sagittal split osteotomy and the use of functionally stable fixation; while Le Fort I osteotomy was used for maxillary advancement (Brunetto et al., 2014; Li et al., 2014; Schendel et al., 2014; Butterfield et al., 2015; Hatab et al., 2015). All surgical procedures were performed by the same team of experienced buccal-maxillofacial surgeons at the Orthognathic Surgery Outpatient Unit (UEM), between 2013 and 2014. During the course of treatment, all patients also received multidisciplinary care by a speech therapist, a nutritionist, and a social worker.

#### 2.3. Acquisition of tomographic images

All CBCT scans were conducted by the same dental radiology and imaging specialist at the Clinical Research Imaging Laboratory (UEM) using the i-CAT<sup>®</sup> Next Generation (Imaging Sciences International, Hatfield, PA, EUA). Volumes were reconstructed with isometric voxel size of acquisition of 0.30 mm, FOV (field of view) of  $17 \times 23$  cm, tube tension of 120 kVp, and tube current of 3-8 mA. CBCT scans were obtained at three intervals as part of the surgical protocol: preoperatively -1-2 months before the surgery ( $T_0$ ), to assist diagnostics and surgery planning; early postoperatively -1-2 months after the surgery ( $T_2$ ), to ascertain surgery outcome (Jakobsone et al., 2011; De Souza Carvalho et al., 2012; Kim et al., 2013; Burkhard et al., 2014; Shin et al., 2015).

During acquisition, patients were instructed to remain seated on a chair and adopt a natural head position by looking at their own eyes in a mirror on the opposite wall (Kim et al., 2014; Dalmau et al., 2015; Shin et al., 2015; Canellas et al., 2016). Patients were also instructed to maintain maximum intercuspation with their tongues and lips at rest, to breathe lightly, and avoid swallowing during image acquisition (Kim et al., 2014; Kochar et al., 2016; Canellas et al., 2016). No support for the chin and head were used during image acquisition, as these could be confused with the soft tissues in the region, and negatively affect orthognathic surgery virtual planning.

#### 2.4. Tomographic scan analysis

Measurements on all CBCT images acquired at  $T_0$ ,  $T_1$ , and  $T_2$  were conducted by the same examiner, who was trained and calibrated by a Dolphin Imaging Company representative. Calibration was performed with the use of 10 randomly chosen images. The CBCT images were exported using the DICOM (Digital Imaging and Communications in Medicine) extension and were imported into Dolphin Imaging software (version 11.9) (Dolphin Imaging & Management Solutions<sup>®</sup>, Chatsworth, CA, USA). To transfer the acquired images to the virtual environment, spatial orientation was performed in order to reposition the axial plane coincidently with the FHP, and the midsagittal plane coincidently with the midline perpendicular to the FHP, passing through the cephalometric point of the nasion (foremost point of the frontonasal suture). In case of asymmetry, orientation was conducted so that these planes were as close as possible to the original orientation planes (Fig. 1). This virtual orientation achieved the correct rotation of the head, in which the bilateral structures were coincident (Brunetto et al., 2014; Uesugi et al., 2014; Canellas et al., 2016).

After image standardization, the landmark S (sella turcica) on the sagittal plane was used as a reference point for outlining the horizontal reference line (parallel to the FHP) and the vertical reference line (perpendicular to the FHP). Hyoid bone position was then determined in relation to these two lines (Fig. 2). Vertical (HBV) and horizontal (HBH) measurements were taken by drawing a line from the most anterosuperior point of the hyoid bone to the reference lines (Kim et al., 2013; Shin et al., 2015).

To analyze PAS volume, the 'sinus/airway' tool was used on the sagittal reconstruction (Fig. 3). Total PAS volume (Fig. 3A) had the following cephalometric limits: i) upper limit — horizontal line connecting posterior nasal spine to the basion (PNS–Ba); ii) lower limit — horizontal line passing through the uppermost point of the epiglottis to the most anteroinferior point of the third cervical vertebra (epiglottis–C3); iii) posterior limit — vertical line delimiting the posterior pharyngeal wall (C3–Ba); and iv) anterior limit — a line delineating the soft palate, tongue, and the anterior wall of the pharynx (epiglottis – soft palate – PNS) (Valladares-Neto et al.,



Fig. 1. Standardization of the head position. Axial plane: horizontal plane coinciding with FHP. Midsagittal plane: vertical plane coinciding with the midline, perpendicular to FHP through the nasion.

2013; Gonçales et al., 2014; Butterfield et al., 2015; Shin et al., 2015). To provide a more detailed analysis, PAS was subdivided into the upper (Fig. 3B) and lower (Fig. 3C) segments by drawing a line traversing from the most inferoposterior point of the soft palate to the most inferoanterior point of the second cervical vertebra (C2) (Valladares-Neto et al., 2013; Brunetto et al., 2014; Gonçales et al., 2014; Shin et al., 2015).

The sensitivity threshold used in all image acquisitions was adjusted and standardized at  $41 \pm 5$ . This threshold is a Dolphin tool that controls PAS volume filling (Alves et al., 2012). After all lines delimiting the PAS had been drawn, the limit value was chosen and then the software automatically filled with seed points and exhibited the PAS within the selected area. All visualization planes were verified to ensure that the delimited area had been completely filled with the seed points. After that, the software calculated PAS volume (mm<sup>3</sup>) and the minimum cross-sectional area (min CSA – mm<sup>2</sup>) (Fig. 3D).

#### 2.5. Statistical analysis

Sample size calculation performed with ANOVA, at a level of significance set at 5%, and power at 80%, determined a minimum number of 12 patients for each group.

To avoid operator fatigue, image measurements were conducted over a period of 10 days. Images of six randomly selected patients



**Fig. 2.** Sagittal plane showing the measurement of hyoid bone position. S: sella turcica; HBV: hyoid bone vertical measurement; HBH: hyoid bone horizontal measurement.

were separated and measured again 15 days after the first assessments to verify intra-examiner agreement using the Wilcoxon signed rank test. As the intra-examiner agreement for the evaluations conducted was >0.80, the results obtained in the first assessment were used in the analyses.

Alterations in hyoid bone position, PAS volume and min CSA were statistically analyzed with repeated measures using ANOVA, followed by Tukey–Kramer post-hoc test. All statistical tests were performed with the R 3.2 software for Windows (R-project for statistical computing) at a 5% level of significance (p < 0.05).

# 3. Results

The records of eight male and 22 female patients were selected. The mean age of patients in Group 1 was  $24.8 \pm 8.49$  years, while in Group 2 it was  $27.6 \pm 7.26$  years. CBCT scan acquisitions in Group 1 occurred at a mean of 1.2 months preoperatively ( $T_0$ ), and 1.6 ( $T_1$ ) and 7.2 months ( $T_2$ ) postoperatively. In Group 2, acquisitions took place at a mean of 1.8 months before surgery ( $T_0$ ), and 1.4 ( $T_1$ ) and 6.2 months ( $T_2$ ) after surgery.

ANOVA showed no statistically significant differences either between groups or between the acquisition times in the hyoid bone vertical dimension (HBV). In the horizontal dimension (HBH), however, significant differences were observed. Although HBH in Group 2 was significantly smaller than in Group 1 before surgery ( $T_0$ ), after the surgery ( $T_1$  and  $T_2$ ) this difference no longer existed. In Group 1, HBH decreased significantly (–HBH) at  $T_2$  in relation to  $T_0$ , indicating a posterior displacement of the hyoid bone over time after maxillary advancement and mandibular setback surgery. In contrast, in Group 2, HBH increased significantly (+HBH) both at  $T_1$ and  $T_2$  when compared with  $T_0$  indicating an anterior displacement of the hyoid bone after maxillomandibular advancement surgery (Table 1).

Overall, after the orthognathic surgery, PAS volume increased in both groups. Before the surgery ( $T_0$ ), total and upper PAS volume in Group 2 were significantly smaller than those in Group 1. However, after the surgeries, no significant differences between groups were observed. In Group 1, despite the small increases observed, no significant differences in the upper, lower, and total PAS volume were observed at any moment after the surgery relative to  $T_0$ . In Group 2, however, upper, lower, and total PAS volume were significantly greater at  $T_1$  when compared with  $T_0$ ; a difference that remained stable at  $T_2$  (Table 2).

Min CSA, in general, increased after the surgeries. Before surgery ( $T_0$ ), min CSA in Group 2 was significantly smaller than that in Group 1; a difference that no longer existed after the surgeries. Although min CSA did no show significant differences in Group 1, min CSA was significantly larger at both  $T_1$  and  $T_2$  in Group 2 (Table 3).



Fig. 3. Delimitation and measurement of PAS. (A) PAS total segment; (B) PAS upper segment; (C) PAS lower segment; (D) 3D visualization of the PAS total volume and the determination of the minimum cross-sectional area (min CSA).

(Tables 2 and 3).

Group 2, so that the significant differences that existed between groups preoperatively no longer existed after the surgeries

PAS volume is influenced by the different patterns of maloc-

clusion (Grauer et al., 2009; Castro-Silva et al., 2015). Class III

subjects (Group 1) presented significantly larger upper and total

PAS volume than Class II individuals (Group 2) preoperatively,

indicating that Class II patients were more susceptible to the

development of obstructive sleep apnea syndrome (OSAS)

(Claudino et al., 2013; Castro-Silva et al., 2015). This perception was

## 4. Discussion

The aim of this study was to evaluate the postoperative changes in hyoid bone position, PAS volume, and min CSA by analyzing the tomographic scans of patients submitted to two different types of orthognathic surgery. The results of the study demonstrated that the hyoid bone was significantly displaced in the horizontal dimension, moving posteriorly in Group 1, and anteriorly in Group 2 (Table 1). Although PAS volume and min CSA increased after both surgeries, these measurements were significantly larger only in

#### Table 1

Position of the hyoid bone (mm).

Acquisition time	HBH (mean ± SD)		HBV (mean $\pm$ SD)	
	Group 1	Group 2	Group 1	Group 2
T <sub>0</sub>	23.84 ± 9.11aA	17.49 ± 6.20aB	98.07 ± 7.85	98.21 ± 7.23
$T_1$	24.27 ± 7.21a	20.00 ± 8.25b	96.83 ± 7.37	96.07 ± 5.97
T <sub>2</sub>	21.34 ± 7.69b	20.22 ± 6.98b	$98.03 \pm 8.42$	98.04 ± 8.51
% change	-11.71%	15.60%	-0.004%	-0.017%

Different lower-case letters indicate statistical differences between times. Different upper-case letters indicate statistical differences between groups (Tukey-Kramer test).

# Table 2

Upper, lower, and total PAS volume (mm<sup>3</sup>).

Acquisition time	Upper volume (mean ± SD)		Lower volume (mean $\pm$ SD)		Total volume (mean ± SD)	
	Group 1	Group 2	Group 1	Group 2	Group 1	Group 2
T <sub>0</sub> T <sub>1</sub> T <sub>2</sub> % change	$\begin{array}{l} 10367.71 \pm 3466.59 \\ 10609.58 \pm 2385.95 \\ 11401.21 \pm 3635.83 \\ 9.97\% \end{array}$	7185.71 ± 1771.44aB 9378.84 ± 1871.38b 9731.85 ± 2165.74b 35.43%	$\begin{array}{c} 4615.51 \pm 1756.70 \\ 5042.54 \pm 2920.35 \\ 4906.25 \pm 2586.72 \\ 6.3\% \end{array}$	$\begin{array}{l} 4029.29 \pm 2278.06a \\ 4871.81 \pm 2065.73b \\ 4829.60 \pm 2639.53b \\ 19.86\% \end{array}$	$\begin{array}{c} 14518.91 \pm 4397.45 \text{A} \\ 15219.05 \pm 4674.44 \\ 15690.83 \pm 5155.45 \\ 8.07\% \end{array}$	11020.71 ± 3520.30aB 13850.71 ± 2877.11b 14354.43 ± 4565.93b 30.25%

Different lower-case letters indicate statistical differences between times. Different upper-case letters indicate statistical differences between groups (Tukey-Kramer test).

Table	3
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Acquisition time	Min CSA (mean ± SD)		
	Group 1	Group 2	
T <sub>0</sub> T <sub>1</sub> T <sub>2</sub> % change	202.39 ± 76.30A 207.42 ± 100.62 223.46 ± 113.26 10.41%	$131.45 \pm 75.84aB$ $180.36 \pm 56.30b$ $194.69 \pm 84.90b$ 48.04%	

Different lower-case letters indicate statistical differences between times. Different upper-case letters indicate statistical differences between groups (Tukey–Kramer test).

reinforced by the fact that preoperative min CSA measurements in Group 2 were also significantly smaller in comparison with those in Group 1. The measurement of min CSA is an important factor in PAS evaluation of patients who are candidates for orthodontic-surgical treatment because of its role as a risk factor for OSAS (Degerliyurt et al., 2009; Brunetto et al., 2014; Gokce et al., 2014; Canellas et al., 2016). According to Schendel et al. (2014), the smaller the min CSA, the greater the predisposition to OSAS.

There is no consensus in the literature for an established standard of airway segmentation (Gokce et al., 2014). The objective was to analyze the changes caused by the displacement of each jaw, so the PAS was subdivided into two similar-size segments (upper and lower), taking as reference the most inferior point of the soft palate. This is an easily determinable point that coincides with the most concave point at the anterior-inferior wall of the second cervical vertebra (Brunetto et al., 2014; Dalmau et al., 2015). By doing so, the upper segment was mainly under the influence of the uvula and the soft palate (attached to the maxilla), while the lower segment was under the influence of the tongue muscles (attached to the mandible) (Brunetto et al., 2014; Kochar et al., 2016).

The hyoid bone plays an important role in keeping the airways open – being essential for sleep – and in sleep disorders (Hasebe et al., 2011; Schendel et al., 2014). Because the base of the tongue, the hyoid bone, and the walls of the pharynx are interconnected by muscles and tendons, PAS is usually altered when movements in the bony base of the maxilla and mandible occur (De Souza Carvalho et al., 2012; Li et al., 2014; Shin et al., 2015; Kochar et al., 2016). In patients diagnosed with Class III deformities, mandibular setback surgery has been shown to result in the hyoid bone moving posteriorly (Hasebe et al., 2011; Kim et al., 2013; Li et al., 2014; Shin et al., 2015), predisposing these patients to OSAS (Uesugi et al., 2014). In a study conducted by Kim et al. (2013), the posterior displacement of the hyoid bone was positively correlated to posterior movement of the menton and the amount of mandibular setback. Thus, mandibular setback surgery alone has been increasingly replaced by maxillary advancement and mandibular setback surgery, with the intent to interfere less with hyoid bone position and the PAS (Gokce et al., 2014; Uesugi et al., 2014; Al-Moraissi et al., 2015; Christovam et al., 2016; Canellas et al., 2016).

The scans of patients submitted to maxillary advancement and mandibular setback surgery in our study (Group 1) demonstrated that the hyoid bone moved posteriorly, following the backwards movement caused by mandibular setback, in agreement with previous studies (Hasebe et al., 2011; Kim et al., 2013; Li et al., 2014; Shin et al., 2015). Nonetheless, the amount of hyoid bone movement did not significantly affect the lower PAS volume in these patients. This may be explained by the fact that the combined movements of the maxilla and the mandible in opposite directions seem to have minimized their effect on PAS structures. The maxillary advancement provided by Le Fort I osteotomy pulls the soft tissue of the palate forward, which in turn affects the

palatoglossal muscles, increasing tongue support, and reducing the constricting effect of mandibular setback (Gooday, 2009; Jakobsone et al., 2011; Burkhard et al., 2014). Similarly to the results in our study, some increase in the total PAS has been observed previously after maxillary advancement and mandibular setback surgery (Brunetto et al., 2014; Gokce et al., 2014). However, the opposite has also been reported, suggesting that maxillarv advancement and mandibular setback surgery may lead to a reduction rather than an increase in PAS volume (Hong et al., 2011; Li et al., 2014; Al-Moraissi et al., 2015; Hatab et al., 2015; Christovam et al., 2016). The reason for the different results found among studies is probably related to the amount of movement, both maxillary and mandibular, required to achieve the desired surgical result. Future studies should take into consideration the amount of movement involved in this type of surgery to determine how much advancement/setback of the jaw is required to significantly change the PAS.

In contrast to Group 1, patients submitted to maxillomandibular advancement surgery (Group 2) demonstrated a significant anterior movement of the hyoid bone, following the forward movement of the mandible, confirming the findings of previous studies (Eggensperger et al., 2005; Gonçales et al., 2014). In these patients, the forward movement of the hyoid bone seemed to be correlated with the significant increase in lower PAS volume and min CSA. Maxillomandibular advancement surgery enlarges the entire PAS by elevating the tissues attached to the maxilla, mandible, and hyoid bone, resulting in increased tension in the suprahyoid and velopharyngeal musculature (Fairburn et al., 2007). As a result, patients in Group 2 demonstrated statistically significant increases in both upper and lower PAS volume, and min CSA postoperatively. In addition to correcting dentofacial and esthetic deformities, these results confirm that real volumetric gain in the PAS can also be achieved with maxillomandibular advancement surgery, increasing patients' airway passage and improving breathing (Fairburn et al., 2007; De Souza Carvalho et al., 2012; Raffaini and Pisani, 2013; Valladares-Neto et al., 2013; Schendel et al., 2014; Butterfield et al., 2015; Christovam et al., 2016).

Some criticism may be aimed at the decision to submit patients to three CBCT scans in a short period of time (8–10 months), which seems excessive. However, the CBCT scans used in our study were part of patients' surgical records, taken for surgical planning and follow-up, and not specifically for this study. In particular, the early follow-up examination, performed at 1–2 months postoperatively ( $T_1$ ), might be considered too soon for evaluating long-term PAS changes. Although this examination was originally conducted for surgical reasons to observe postoperative soft tissue edema, it provided an opportunity to analyze its effects on the measurements (De Souza Carvalho et al., 2012). Compared with  $T_2$ , when postoperative edema had subsided completely, only small increases in PAS volume and min CSA were observed relative to  $T_1$ , demonstrating that initial edema did not significantly affect the measurements.

Computer software offers the possibility to measure distances, areas, and volumes of different cross-sections of the PAS precisely. The Dolphin Imaging 3D software (version 11.9) used in our study has been shown to be highly reliable in the measurement of hyoid bone position, PAS volume, and min CSA (El and Palomo, 2010; Weissheimer et al., 2012). This software is considerably more accurate than some of its predecessors used in PAS assessments (Alves et al., 2012; Weissheimer et al., 2012), with few errors (1%) (Weissheimer et al., 2012). Among its other advantages, the software is user friendly and provides fast PAS segmentation, good segmentation sensitivity, and the possibility of checking segmentation in two-dimensional slices, and to determine and measure the

min CSA. Among the drawbacks are the cost, lack of tools to adjust or correct the PAS segmentation in two-dimensional reconstructions, and threshold interval units that are not compatible with other image softwares (Weissheimer et al., 2012).

An important limitation of our study is the absence of single-jaw surgery patients (maxillary advancement, mandibular advancement, or mandibular setback alone). Assessments performed in these patients could bring an important contribution to the understanding of the effects of different types of orthognathic surgery on PAS volume and hyoid bone movement (Brunetto et al., 2014). However, for some time, single-jaw surgery in our service has been replaced by bimaxillary surgery whenever possible, to minimize the effects of single-jaw surgery on the bone structures (Pereira-Filho et al., 2011) and on the PAS (Burkhard et al., 2014; Gokce et al., 2014; Hatab et al., 2015). Thus, the number of available CBCT records of single-jaw surgery patients was too small to be included in this study. Presently, these records are being expanded so that future studies with adequate samples may be conducted to assess the effect of single-jaw and bimaxillary surgery on PAS volume and hyoid bone movement.

### 5. Conclusion

Based on the results obtained in our study, it may be concluded that both the orthognathic surgeries assessed altered the position of the hyoid bone, and increased PAS volume and min CSA. Maxillomandibular advancement surgery, in particular, was capable of significantly increasing both PAS volume and min CSA, confirming its positive effect on breathing. Thus, care should always be exercised, during orthognathic surgery planning, to take into consideration not only the functional and esthetic needs of the patient, but also its effects on the PAS. Long-term follow-up studies are still necessary to ascertain if the changes in hyoid bone position, PAS volume, and min CSA observed after maxillomandibular advancement, and maxillary advancement combined with mandibular setback surgeries, will stabilize, or whether relapses may occur.

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#### **Conflicts of interest**

None.

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